

## **ORIGINAL ARTICLE**



# Adherence of community health workers to hepatitis B vaccination

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### **ABSTRACT**

Introduction: Hepatitis B (HB) vaccination for health-care workers is essential for World Health Organization's goals achievement of viral hepatitis (VH) elimination. However, recent studies showed low vaccination adherence by these professionals and lack of knowledge about HB vaccination adherence of community health workers (CHW). Objective: To identify the adherence of CHW to HB vaccination; to determine the causes of non-adherence; to investigate whether the prevalence of vaccination is different among surveyed towns, and to verify whether years practiced as CHW have any association with vaccination adherence. Methods: This cross-sectional study included five towns (T) of a Brazilian state. Data were collected at VH educational meetings, in which CHW answered a questionnaire. The proportions Z-test and the likelihood ratio test were used for statistical analysis. Significance was set at p<0.05. Results: The sample included 516 CHW. Most CHW (86.8%) reported to have taken the vaccine, but only 59.7% affirmed having taken all doses, and 28.1% correctly answered the number of doses. 24.4% of CHW pointed the unknowing about HB vaccine importance as the main reason for non-adherence. T4 and T5 showed higher vaccination prevalence than T2 and T1. Vaccination adherence was higher among individuals with more years working as CHW. Conclusion: CHW demonstrated low adherence to HB vaccination and pointed the lack of knowledge about HB vaccine importance as the main reason for that. There were differences in vaccination prevalence among the towns and adherence was positively associated with professional experience.

**Keywords:** hepatitis B; community health workers; immunization; epidemiology; health education; education, continuing.

### INTRODUCTION

Viral hepatitis (VH) is a serious international public health challenge. World Health Organization (WHO) considers the VH a pandemic that causes 1.4 million annual deaths worldwide, but its impact is underestimated in many countries<sup>1</sup>.

In order to eliminate VH as a threat to public health by 2030, WHO published the first global health sector strategy on VH¹, with a particular focus on hepatitis B (HB) and C (HC), due to their high morbidity and mortality¹.². The tools needed to move towards

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elimination goals already exist: an effective vaccine for HB and a curative treatment for HC<sup>2</sup>. Therefore, the achievement of WHO goals is feasible, since political actions are done to increase prevention, diagnosis and treatment programmes<sup>2</sup>.

Vaccination against HB must be universal for all children. WHO recommends that at least three doses of the vaccine must be standardized in national vaccination programs, with the administration of the first dose shortly after birth<sup>3,4</sup>. In addition, vaccination of health-care workers and other high-risk adults is essential for the achievement of VH elimination goals<sup>1,3</sup>. It is important to note that HB represents one of the most important occupational risks for health-care workers<sup>5</sup>.

HB vaccination of health-care workers is almost uniformly implemented across Europe, since it has been recommended for more than three decades<sup>6</sup>. A survey conducted in 2018 to investigate changes in national vaccination policies for health-care workers in Europe showed that vaccination policies against HB were present in 35 of 36 studied countries: 15 countries recommend HB vaccine for all health-care workers. From these 15 countries, one also mandates HB vaccine for all health-care workers to get hired and two also mandate HB vaccine for specific health-care personnel groups or settings; six countries recommend HB vaccine for specific health-care personnel groups or setting; eight countries mandate HB vaccination for all health-care workers; two countries mandate HB vaccination as a prerequisite for all health-care personnel to be hired; and four countries mandate HB vaccination for specific health-care personnel groups or setting<sup>6</sup>.

In Brazil, HB vaccination is recommended and freely available for all health-care workers, in three doses, that should be repeated if the long-term immunological protection is not confirmed by the serological test of antibody (anti-HBs) against hepatitis B virus surface antigen (HBsAg)<sup>7</sup>. Despite this, Brazilian surveys have showed inadequate adherence of health-care professionals to HB vaccination<sup>8-11</sup>. Recent publications report important differences in HB vaccination adherence among the countries<sup>12-17</sup>.

In the last few years, the number of publications about HB vaccination prevalence has grown exponentially due to the importance of regional knowledge about this issue in order to achieve the WHO goals<sup>8-17</sup>. However, few studies have investigated HB vaccination prevalence in community health workers (CHW)<sup>8-10</sup>, who take a privileged position in the dynamics of implantation and consolidation of the Brazilian healthcare system, because they link the community to the health service, being fundamental to primary healthcare policies<sup>18</sup>.

Therefore, the objectives of this study were: 1) to identify the adherence of CHW to HB vaccination; 2) to determine the causes of non-adherence to HB vaccination; 3) to investigate whether the vaccination prevalence is different among the surveyed towns; and 4) to verify whether the number of years practiced as CHW has association with HB vaccination adherence.

# **METHODS**

This cross-sectional study, with a quantitative approach, was carried out from April 2016 to April 2017, in five towns (T) of Espírito Santo, a Brazilian state.

The study population consisted of CHW, from both sexes, with a minimum age of 18 years and from the five surveyed towns who attended in VH educational meetings, agreed to voluntarily participate in the research and signed the Informed Consent Form (ICF). As the presence at the educational meeting was not mandatory, this study was based on a convenience sample. The exclusion criteria were CHW who left the VH educational meetings before the end or who did not return the filled questionnaire to the researcher.

The number of CHW who attended in VH educational meetings in T1, T2, T3, T4 and T5 was 200, 155, 83, 162 and 65, respectively; and the number of CHW who returned the questionnaires to the researcher was 109, 118, 67, 161 and 61, respectively; resulting in a participation rate of 54.5, 76.12, 80.72, 99.38 and 93.84% in T1, T2, T3, T4 and T5.

The VH educational meetings were part of a major VH educational program, aimed to aware and update CHW about VH, planned and conducted by a non-governmental organization from Espírito Santo. These educational meetings, previously scheduled with each Municipal Health Department for the most convenient day and month, were done in two different periods of the same day in each town and all CHW were shifted from their routine work to attend the VH meeting. Each meeting took about four hours and consisted of lectures discussing A, B, C and D hepatitis transmission mechanisms and prevention, the need for screening and early diagnosis, and complications of VH chronic evolution.

Data were collected in the same meeting days and on the same auditoriums where the meetings were held. Immediately before the VH meeting, the CHW received the ICF, which was read aloud by the responsible researcher, and everyone had the opportunity to clarify their doubts. After that, CHW, who agreed to participate in the study, signed the ICF and returned it to the researcher. At the end of VH meetings, each participant received one printed version of the questionnaire and all of them were instructed to answer it individually (without parallel conversation) and following the researcher reading. Then, each question was read aloud by the researcher, while the participants kept up with the reading in their printed version and enough time were given to them to answer that question in silence, before the following question was read. Considering previous experiences in applying questionnaires to CHW, this data collection method facilitates the comprehension of all participants and avoid interferences in individual responses, reducing potential sources of bias. After questionnaires were filled, they were given to the researcher. According to exclusion criteria, CHW who did not return the questionnaires to the researcher were excluded from the study.

The questionnaire contained two open questions (1- How long have you been working as CHW? and 2- In which town do you work as CHW?) and four closed questions (1- Did you take the

vaccine against hepatitis B? Answer options: a- Yes; b- No; c- I don't know; 2- Did you take all the doses? Answer options: a- Yes, b- No, c- I don't know; 3- How many doses did you take? Answer options: a- One, b- Two, c- Three, d- Four, e- I don't know; and 4- If you did not take the hepatitis B vaccine or did not take all the doses, why not? Answer options: a- I do not intend to take it because I do not consider it is important, b- I do not intend to take it because I do not like to take any vaccine, c- I did not know the importance, but now I know and I will take it, d- I did not have time, e- When I went to take it, the vaccine was not available, f- Another reason).

The statistical analysis was performed using the Statistical Package for Social Sciences (SPSS) 20 (IBM, Armonk, NY, United States) software. All the variables were assumed as categorical (adherence to vaccination, number of doses, causes of non-adherence to HB vaccination, and the number of years practiced as CHW) and were expressed in absolute and relative frequencies. The proportions test (Z-test) was used to compare the percentages of CHW who took the vaccine and who took all doses of the vaccine among the surveyed towns. The likelihood ratio test was used to

assess the association between number of years practiced as CHW and adherence to vaccination. Significance was set at p<0.05.

This study was approved by the Research Ethics Committee of the Universidade Federal do Espírito Santo (Approval number 1.471.400/2016) and all procedures were carried out following the 466/12 Resolution of National Health Council. In order to preserve the data confidentiality, the towns were identified, in this paper, with the letter T followed by an Arabic number of 1 to 5 (T1, T2, T3, T4 and T5).

# **RESULTS**

The sample included 516 CHW. Most CHW (86.8%) reported to have taken the HB vaccine, but only 59.7% affirmed having taken all doses, and yet, only 28.1% correctly answered the number of HB vaccine doses. T5 was the unique town where all CHW declared to have taken the HB vaccine, even so, only 67.2% confirmed to have taken all doses and only 39.3% got the number of doses right (Table 1).

A large amount of CHW (48.3%) did not report the reasons why they were not vaccinated or did not take all vaccine doses, but

Table 1: Answers of CHW to the questionnaire about hepatitis B vaccination in five towns. Espírito Santo, Brazil, 2017.

Questionnaire		Absolut frequencies (Relative frequencies)					T-4-1
Questions	Answers	T1	T2	Т3	T4	T5	Total
		109 (21.1)	118 (22.9)	67 (13.0)	161 (31.2)	61 (11.8)	516 (100.0)
How long have you been working as CHW?	≤ 5 years.	50 (45.9)	44 (37.3)	24 (35.8)	27 (16.8)	24 (39.3)	169 (32.8)
	> 5 years.	57 (52.3)	69 (58.5)	38 (56.7)	127 (78.9)	33 (54.1)	324 (62.8)
	Without answer.	2 (1.8)	5 (4.2)	5 (7.5)	7 (4.3)	4 (6.6)	23 (4.5)
Did you take the vaccine against hepatitis B?	Yes.	86 (78.9) <sup>a</sup>	94 (79.7)a	58 (86.6)a,b	149 (92.5) <sup>b</sup>	61 (100.0)b	448 (86.8)
	No.	8 (7.3)a	23 (19.5) <sup>b</sup>	7 (10.4)a,b	0 (0) <sup>a</sup>	0 (0) <sup>a</sup>	38 (7.4)
	I don't know.	15 (13.8)ª	0 (0) <sup>a</sup>	2 (3.0) <sup>a</sup>	12 (7.5) <sup>a</sup>	0 (0) <sup>a</sup>	29 (5.6)
	Without answer.	0 (0)	1 (0.8)	0 (0)	0 (0)	0 (0)	1 (0.2)
Did you take all the doses?	Yes.	53 (48.6) <sup>a</sup>	66 (55.9)a,b	37 (55.2) <sup>a,b</sup>	111 (68.9) <sup>b</sup>	41 (67.2) <sup>a,b</sup>	308 (59.7)
	No.	6 (5.5) <sup>a</sup>	13 (11.0) <sup>a</sup>	6 (9.0) <sup>a</sup>	7 (4.3) <sup>a</sup>	4 (6.6) <sup>a</sup>	36 (7.0)
	I don't know.	25 (22.9)b	0 (0) <sup>a</sup>	7 (10.4) <sup>a,b</sup>	11 (6.8) <sup>a</sup>	5 (8.2) <sup>a,b</sup>	48 (9.3)
	Without answer.	25 (22.9)	39 (33.1)	17 (25.4)	32 (19.9)	11 (18.0)	124 (24.0)
How many doses did you take?	One.	0 (0)	2 (1.7)	0 (0)	3 (1.9)	0 (0)	5 (1.0)
	Two.	1 (0.9)	9 (7.6)	2 (3.0)	1 (1.6)	1 (1.6)	14 (2.7)
	Three.	15 (13.8)	50 (42.4)	18 (26.9)	38 (23.6)	24 (39.3)	145 (28.1)
	Four.	1 (0.9)	0 (0)	0 (0)	0 (0)	0 (0)	1 (0.2)
	I don't know.	4 (3.7)	0 (0)	0 (0)	0 (0)	1 (1.6)	5 (1.0)
	Without answer.	88 (80.7)	57 (48.3)	47 (70.1)	119 (73.9)	35 (57.4)	346 (67.1)
If you did not take the hepatitis B vaccine or did not take all the doses, why not?	I do not intend to take it because I do not consider it is important.	1 (1.8)	0 (0)	0 (0)	0 (0)	0 (0)	1 (0.5)
	I do not intend to take it because I do not like to take any vaccine.	0 (0)	1 (1.9)	0 (0)	0 (0)	0 (0)	1 (0.5)
	I did not know the importance, but now I know and I will take it.	22 (39.3)	16 (30.2)	6 (20.0)	5 (10.0)	2 (10.0)	51 (24.4)
	I did not have time.	1 (1.8)	4 (7.5)	1 (3.3)	0 (0)	0 (0)	6 (2.9)
	When I went to take it, the vaccine was not available.	1 (1.8)	7 (13.2)	4 (13.3)	5 (10.0)	0 (0)	17 (8.1)
	Another reason.	10 (17.9)	5 (9.4)	5 (16.7)	11 (22.0)	1 (5.0)	32 (15.3)
	Without answer.	21 (37.5)	20 (37.7)	14 (46.7)	29 (58.0)	17 (85.0)	101 (48.3)

T: town; CHW: community health workers; the percentages of CHW who had taken the vaccine and who had taken all doses of vaccine were compared among the five towns using Z-test and statistically significant differences were indicated by superscripted letters, where the letter b means greater proportion than the letter a.

24.4% of CHW pointed the not knowing about the importance of HB vaccine as the main reason (Table 1).

In the comparison among the towns, T4 and T5 had a higher percentage of CHW who answered "Yes" to the question "- Did you take the vaccine against hepatitis B?" than T1 and T2. Regarding the question "- Did you take all the doses?" T4 had higher percentage of CHW who answered "Yes" than T1 (Table 1).

Considering that both questions "Did you take the vaccine against hepatitis B?" and "Did you take all the doses?" represent vaccination adherence, it was observed that vaccination adherence was higher among CHW with more than 5 years of experience in comparison to CHW with equal or less than 5 years of working time (Table 2).

## **DISCUSSION**

Low adherence to HB vaccination was observed among the CHW from the five towns included in this study, as just over half (59.7%) of the CHW reported to have taken all doses of the vaccine. Low prevalence of vaccination was also observed in two towns located in other Brazilian states, one town in Minas Gerais state<sup>9</sup> and another in Bahia state<sup>8</sup> that showed 41.0% and 65.3% of CHW having completed the HB vaccination standard, respectively. Such data are worrisome, considering that the WHO<sup>3</sup> and the Brazilian Ministry of Health<sup>7</sup> recommend 100% vaccination against HB among health workers, since lack of vaccination exposes these professionals to the risk of HB virus (HBV) infection<sup>3,5,12,13</sup>.

In addition, the majority (67.1%) of the CHW did not answer the question "How many doses did you take?" perhaps due to the fear about their wrong answers reveal the lack of knowledge regarding the number of doses required for immunization. Reinforcing this hypothesis of not knowing that three doses are necessary to immunization, it was also observed that although 59.7% of CHW affirmed to have taken all the doses, only 28.1% said to have taken the three doses. Then, if only 28.1% of the CHW have taken the three doses, the vaccination prevalence against HB among the CHW of the present study is overestimated.

It is worth mentioning that the protective efficacy of HB vaccine is characterized by presence of IgG antibodies to HBsAg after

completion of vaccination series<sup>3,7,19</sup>. In a serological exam done one to two months after the last dose of the vaccination schedule, the anti-HBs concentration ≥10 mIU/mL is considered a reliable marker of long-term protection<sup>3,19</sup>. Routine post-vaccination anti-HBS test is not necessary, but must be considered for people presenting occupational risk of exposure to HBV infection, like health-care workers³. However, the post-vaccination test adherence is poor among health workers<sup>8,20</sup>.

The unknowing about the importance of HB vaccine, alleged by the CHW as the main reason why they did not taken the vaccine, deserves attention because it does not match the functions of these professionals who occupy a strategic place in health promotion and disease prevention<sup>18,21</sup>. Their functions vary a lot between health teams and regions<sup>18,21,22</sup>, but communication, health education, and health surveillance<sup>21</sup> can be pointed as crucial for immunization process. The CHW have been considered the most effective professional to communicating with the community, being described by primary health managers as fundamental in the communication between health departments and the population<sup>23</sup>. Their health education actions involve lectures 18,22 and home visits in the community<sup>18,21,22</sup>. During home visits, which are considered a central activity in the work process of CHW18,21,22, these professionals register the families, weigh children, follow up people with prevalent diseases, deliver and guide the use of medicines, check the vaccination card, check the home/environment conditions, actively search for absentees, advise on health services, among other actions<sup>22</sup>. Therefore, it is essential for CHW to be trained to advise the population on HB vaccination and to actively search, in their action territory, for vulnerable groups and all people who started, but did not complete the vaccination scheme. Indeed, health professionals play a key role in stimulating and maintaining the population's trust in vaccination and advising the parents about their concerns on this issue<sup>24</sup>. Universal childhood vaccination against HB and vaccination of the most vulnerable groups are essential for interrupting the disease transmission chain<sup>1,3</sup> and vaccination is considered the most important strategy to eliminate HB until 20301-3. The vaccination against HB is projected to have prevented 310 million cases of HB between 1990 and 20204.

Table 2: Association between number of years practiced as community health worker and adherence to hepatitis B vaccination in five towns. Espírito Santo, Brazil, 2017.

Questionnaire		Absolut fr (Relative fr	,		
Questions	Answers	Time of working ≤ 5 years	Time of working > 5 years	р	
	Yes.	136 (80.5)	291 (90.1)	0.011	
Did you take the vaccine against hepatitis B?	No.	20 (11.8)	17 (5.3)		
перация В:	I don't know.	13 (7.7)	15 (4.6)		
	Yes.	82 (67.8)	210 (82.7)	0.006	
Did you take all the doses?	No.	17 (14.0)	18 (7.1)		
	I don't know.	22 (18.2)	26 (10.2)		

The association between number of years practiced as community health worker and adherence to vaccination was tested using the likelihood ratio test.

In Brazil, HB vaccination efforts changed the country's HB endemicity status from intermediate to low, although marked regional differences still persist<sup>25</sup>. It is important to note that, in the southeastern region of Brazil, where Espírito Santo state is located, the population's adherence to HB vaccination scheme is still insufficient, although it has increased in recent years<sup>26</sup>.

In the present study, some small differences among towns were also observed. T4 and T5 had higher percentage of CHW affirming to have taken the vaccine than T1 and T2. In T5, all CHW reported to have taken the vaccination, however, among these CHW from T5, only 67.2% confirmed to have taken all the doses. The vaccination prevalence of 68.9% in T4, although statistically higher than the prevalence observed in T1, remains inadequate. Regional differences in vaccination prevalence were expected<sup>25,26</sup>, but the results of the present study are useful to show that these differences occur not only between different regions or states, but also between neighbor towns located in the same state. These local characteristics must be considered when strategies to increase vaccination prevalence are planned. It is worth saying that the towns' names were not revealed to maintain confidentiality about the surveyed professionals, but the data for each town will be presented to its Health Department, so appropriate measures could be taken.

The present results showed association between number of years practiced as CHW and adherence to HB vaccination, since vaccination adherence was higher among CHW with more than 5 years of experience compared with those with less worked years. Similar relationship was also observed in professionals working in Family Health Strategy Program, and although the sample of that study had not been restricted to CHW, these professionals were also included. A recent systematic review about HB vaccination coverage among health-care workers in Africa also demonstrated that professionals with more years of experience were more likely to be vaccinated. This expected association could be

explained by the supposition of professional experience improves the knowledge and greater knowledge has been associated with higher adherence to vaccination among health professionals<sup>8,9,16</sup> and the population in general<sup>27</sup>. In addition, it can be assumed that a longer time working as CHW has provided more opportunities for these professionals to be vaccinated and to participate in training about VH. In spite of these results be expected, it is essential for HB prevention that all health professionals be vaccinated before initiate contact with patients<sup>3</sup>, therefore health policies should institute more educational programs, like training about VH, and establish rules for earlier vaccination in health professionals, such as mandatory vaccination to professional be hired.

This study has some limitations. First, the data collection was based on a self-reported questionnaire instead of on an inspection of vaccination cards, allowing participants to give non-real answers. Then, the adherence of CHW to HB vaccination may have been overrated or underestimated. Second, it was carried out with a convenience sample from towns belonging to the same state of the federation, limiting the generalization of results.

In conclusion, CHW demonstrated low adherence to HB and reported lack of knowledge about the importance of vaccination against HB as the main cause of non-adherence to HB vaccination. There were differences in vaccination prevalence among the surveyed towns. Furthermore, the adherence to HB vaccination was positively associated with years of professional experience. This scenario is concerning given that the lack of adherence to the vaccine puts the health of these professionals at risk. Therefore, strategies are needed to raise awareness about HB as well as to increase vaccination coverage in CHW. These strategies should not be restricted to, but should include training program at the initial formation of CHW and effective HB continuing education. The differences observed among the towns highlight the importance of knowing and considering specificities of each health service in order to design effective strategies.

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